

NEWS from MARTINUS INSTITUTE

MARTINUS:

TIME, - SPIRITUAL SPACE.

What is time? Year after year we experience things,- after winter equinox comes vernal equinox, then summer and autumn, and, then it is winter again. Years go by,- time goes. - Time goes and comes, we say-. Time is something many people are afraid of because, among other things, they are afraid it shall stop "coming and going" when death comes. Likewise, these realities of our daily lives are one by one spiritual space inside which various parts of our lives take place. This present article is about "time", what "time" really is.

SPACE. Time is the same thing as eternity split up in spiritual sections of space. Maybe it sounds a little strange to begin with, because, when talking about space we ordinarily only think of the physical world. Just as nothing can exist in the physical world without existing in physical space, thus, nothing whatsoever can exist without being in spiritual space.

What, then, is spiritual space? It is space which is made up of thought material exclusively. Time does not exist at all on the physical level. Time is a spiritual reality. Wherever time is mentioned or established, it will by itself make up a spiritual detail, - or reality, - connected to things. It is not the thing itself, but "something which we find separately tied to the existence of things. This tying in of time to things we call "age". Nothing can exist in our world without having age and thereby being tied to time; but since time is spiritual space, i.e. a piling up of spiritual details, it means that no physical object or creation can exist without being tied to a spiritual reality,

or a spiritual world, which exists parallel to the physical world.

TIME MARKS SPACE. If, f.inst. we are thinking of the part of the year which has just gone by, we experience that it actually exists in our world of thoughts. It is something past, but it is a spiritual reality, - it is something we have inside us, meaning that it makes up spiritual space for a whole series of experiences and happenings. It is a spiritual stage for a certain part of our life. - The last year makes up another section of our spiritual space in our existence. But, naturally, it is not only in years and in decenniums that our lives are indexed. It is also indexed in months, weeks, days and nights, hours, minutes, seconds and splits of seconds. Consequently, time is something which numbers and catalogizes every single detail of our experiences of life. It puts in their proper places all our life experiences so that each one gets its own little space. By means of this marking system it is possible for man, who can read and write to put down on paper the details of his life, if he wants to do so. A person writing a diary actually makes up an index of his experiences by means of which he will have a clearer view of some of the details of his life. He may, when at a later date he opens his diary on various dates, - yes, maybe even on hours of the day, see and re-experience in his memory what happened several years ago. The written word stimulates and awakens his memory so that thought pictures will reappear clear and alive to his consciousness. What is happening?

OUR SPIRITUAL INDEX. When the diary was written, the events and experiences were fresh in mind, and maybe it

is also memory, which is now causing the diary to be opened again. While reading, the events reenter in the light of day-consciousness starting thoughts and feelings, which otherwise were hidden in the depth of our mind.

Man's memory, as I have mentioned in the "Book of Life", (Livets Bog), has strongly degenerated, which means that man ordinarily does not memorize very far, nor very much detailed. But even if we are not able to remember all details from events and experiences in the past in our day-consciousness, it does not also mean that all is gone and that nothing of it will ever again be re-experienced in memory. Sometimes we even forget the complete event itself. When, after the reading of the brief notes of the physical facts in the diary, sparklingly live pictures can appear before our inner eye, it is because of the fact, that these thought pictures have rested in our conscience, i.e. in our spiritual space, ever since we experienced the events on the physical level. The physical diary with its written letters on paper is only a kind of symbolical copy in physical matter of a "spiritual diary" present in our mind, and this "spiritual index" contains everything we have experienced even if, at the moment, we haven't been open for it with our day-consciousness.

EXPERIENCES ARE DETAILS OF OUR SPIRITUAL SPACE.

The physical diary was written while we still had the events fresh in our memory, but memory does not stay "fresh" in our day-consciousness for long, because so many other events in the present demand our concentration and attention. The development of feeling and intelligence and their mutual harmony is the most essential thing for earth-man on his present stage of development, and this development is not furthered if we are able to remember details from our past. Quite in the contrary, it would only be distracting. But the moment we stand face to face to an event, our memory works in split seconds. We know at once if we have experienced something similar previously, and if that is the case, we also know what to do in the given

situation. At that moment our whole effort is concentrated on bringing forth material from our "spiritual index". This works completely automatic, developed, as it is, through many incarnations. We are saying that we act according to our experiences; in actual fact, these experiences are details of our "spiritual space" - .

One essential argument which many people bring forth against the principle of incarnation is, that man usually does not remember his earlier lives. But, as we have just seen, we must realise how difficult it is to remember only details from our present lives. The reason is, that earth-man, at his present stage of development, hasn't acquired the comprehensive view over the details of his past, because his consciousness of the present is always filled with new impressions and experiences. The fact that many people have to make notes in pocket books in order to remember things from yesterday, does not make it sound strange that with such a degenerated memory, we are unable to remember events from our previous incarnation, or further back in time. But, what use is it, then, for us having lived before, many ask.

AUTOMATIC COMMUNICATION WITH OUR SPIRITUAL SPACE.

Experiences we have made the week before last, - last month or last year, is nothing on which we concentrate on daily. We have other things to concentrate on. But in case we are faced with an event which reminds us of some past experiences, we are immediately and automatically connected with our "index", and our reaction to this event will carry the impression of our experiences in the past. However, this automatic function does not only work with experiences made the week before last, the last month or year, but also in connection with experiences made during the last incarnation or further back in time. The "index" communicates via the automatic function with our consciousness in such a way that also experiences and talents from earlier lives will be of benefit to us now. This is exactly why we can speak of evolution and development. In regard to talents and experiences we have great use of the part of our spiritual space which has been created centuries or even thousands of years back, even if we

do not remember details from those past experiences. But once when man's mastery over his own conscience is far greater than now, and when the same being has learned how to mix the fundamental energies in other ways than now, his whole "spiritual index" with all its sections of space, - yes, any little event and incident, - will appear as "gold - copies", or: Day-conscious memories, which are richer and far more beautiful than any physical diary can describe them.

THE FIXED POINT AND THE MOVEMENT.

Time is an absolutely necessary marking device in the existence of the living being, for without it, the idea of an eternal experience of life would be nonexistent.

Without the experience of time the living being would only exist in an eternal "Now", or: Present, without contrasts, experiences and creation.

If time wasn't, we couldn't sense time, and there would be nothing which could be called "before" or "after", no ability of distinguishing or discriminating, no perspective. If the "Now" couldn't extend into the past, there would be no future, and a condition without a future and a past, is completely without a physical and spiritual marking, which would mean that it is not made manifest at all and is without relevance to the ability of experiencing and the manifestation of life, wherefore it is not a real and live thing.

But we ARE alive. We do have a past and are passing through the "Now", - or: The present, - towards a future. What we call the "Now", is in reality our experience of our I-consciousness, - our fixed point. It is eternity itself.

The expression: "The Eternal Present", thus, signifies a realistic experience, but it wouldn't be any realistic experience, or reality, to the living being if no contrasts to the fixed point existed.

Through the experiencing of comparative movements to other movements, the living being experiences not only the movements but also, - perhaps without ever giving it a thought, - the still-

ness, or: His own I, which is eternity itself.

WE ARE ALWAYS IN "THE MIDST OF ETERNITY".

Through our experiences of movement in time, our experience of eternity can become a reality. Time is our spiritual space, - our index of experience, - and our experience of the past, the present & the future is proof, that parallel to the physical world, also a spiritual world exists. Because any physical detail is tied to time through its representing age, and also representing spiritual space, then time will exist of equally many details of spiritual space as there are physical details. Here time becomes visible as the spiritual world itself. To understand this in the right way is to view the spiritual world as a reality, even if we are only day-conscious on the physical plane at the moment. To deny the existence of a spiritual world would be the same as to deny the existence of time. -

When man on earth has progressed further in his development and can combine the six basic energies of his conscience in a different - and better - way than he is capable of doing it now, he will experience time in a much greater perspective. He will be more conscious of the details of his own spiritual space, and he will not be afraid that his past has "disappeared", or that he, himself should perish. He will see time from the point of view of eternity, knowing that his self is always the center of his own consciousness, - always the "center of eternity".

TIME AND THE PRINCIPLE OF TRINITY.

Time and eternity, or, the changeable and the unchangeable, or, the movement and the fixed point, are those contrasts, without which an eternal experience of time would be impossible. In our daily lives here on the physical plane, we are using an instrument which can serve as a perfect symbol of this principle of contrast: The clock. The clock is not only a practical invention but also, because it is in contact with the laws of life, an indigenous symbol of the eternal principle of life. The face of the clock with its fixed center stands as a symbol of eternity, - the fixed and un -

changeable; the hands symbolise the creative ability, which creates time, - the stages of movement, - which, again, are marked by means of the figures, which make up space with its details in which the markings and the expressions of life can be unfolded. The clock can also be used as a symbol of the principle of trinity, - or: as an analysis of the living being: The I, - or: The Creator, - the creative ability, and, that, which has been created.

THE CONCEPTION OF AGE. Together with our understanding that time is the necessary contrast which marks eternity, it is of equally great importance that we gain insight of the fact that without eternity, the concept of time wouldn't exist at all. Physically, time shows itself as "age". But what does it mean that f.inst. something is 25 years old?

It does not mean that it has existed unchanged for 25 years. Nothing, which has been created, or made manifest, does. Every thing in the world of time and space changes and transforms. It does not mean either, that the Creator, - or: the I, - behind the manifested creation is 25 years of age, for that which is eternity itself has no age. What, then, covers the expression: The young man is 25 years old, cosmically? What we to-day experience of the young person was quite different 25 years ago. It represents something which has been added on to him during the years. It has quite another height, bulk and specific gravity, and it represents quite another intelligence. Neither the height, the bulk, nor the intelligence represent 25 years, but has come into existence by and by. The conception of 25 years, in the contrary, expresses the various sections of space inside which the being, about whom we are talking, has brought about the process of change in matter and consciousness, which we call its physical life.

The I, which was mentioned here, has had 25 sections of spiritual space, inside which it could create a change, but the being itself has not become one brief second shorter. We are all

in our innermost essence eternal realities; we have all in our physical lives had a time as a 1-year old, a time as a 2-year old and so on. Our whole life has been spaced off in, and classified in, spiritual sections of space. It is in these we by means of memory and recollection can find our way back, and spiritually re-live earlier physical experiences.

"DEATH" IS A TRANSFORMATION.

By means of time, life marks the birth and age of our physical body, and will later be marking what we call "death", which means the body's parting from the I, our consciousness, or: our spiritual space. But after this division, no change in principle has taken place, only in details. The living being is still present in his eternal "Now" between the past and the future, - between movements of consciousness which it itself is creating. However, one change has taken place after this "process of death": For a period this being does not experience impressions through its physical senses, nor does it create in physical matter. It is now experiencing in another "time-dimension" and will have to fit into that pattern. Directly after death the dayconsciousness of the beings is still under the influence of its habits and thoughts from the physical world, even though it does not possess its physical body now with its organs and other tools with which it can interact with the physical plane. The first condition after "death" can in some cases become a "purgatory" for the being if it has been too dependent on its physical habits, giving it a hard time to adjust to a completely spiritual existence. In the same manner we can talk of a "purgatory", but of a more unpleasant nature, if the beings' spiritual sections of space are filled with wrath, bitterness, anxiety or bad conscience. However, it is all something which the being will be assisted in overcoming, and no-one needs experience such discomfort if they want to do something to avoid it.

REINCARNATION. How can anything be done in order to avoid a possible and unpleasant "purgatory", when the physical body has been shed? It can be done by clearing one's own consciousness

from negative thoughts and feelings while living in the physical world. By doing that one's spiritual space is getting cleared from such details which can cause unpleasant experiences. Furthermore, something can be done in the way of developing ones' own thoughts through spiritual and intellectual interests. Then, the dependancy on a physically accented pattern of habit will diminish, and spiritual beings will more readily be able to assist in the adjustment to the life-experiences in a non-physical world, which has so much to offer all men possessing charity and thoughts and emotions on which it in a natural way can go on living after "death". The living beings cannot be taught to think in the spiritual world. It can only be taught that on the physical plane, where it hurts to think wrongly. This is the reason why the being, which has lost its physical organism, must incarnate again in the physical world until it has learned in full to think in accordance with the laws of life. That is tantamount to the fact that the movements in its spiritual space vibrate on the same wavelength as the key-note in the spiritual space of the universe, which is the same as Gods consciousness.

THE SPIRITUAL SPACE OF THE EARTH-GLOBE BEING.

Before the new incarnation, however, the being is going to experience a cycle in spiritual space, which surrounds the spiritual space of all earth beings, that is the spiritual bodies of the earth-globe beings, which is the same thing as the consciousness of the earth-globe being. This, naturally, also has its own experience of time, - or: Its own marking of its experience of eternity. But, here, the principle of perspective has the effect, that what to the macro-being, - or the earth-globe being, - is only a brief moment, is a long period to the micro-being or - earth-man. - These are conditions which in the future will be unveiled to all developed scientific researchers so that the word: "A thousand years will be like one day, and one day like a thousand years", will be a naturally accepted fact.

With regard to the life-cycle in the spiritual worlds, - or the spiritual space of the earth-globe being, - which was mentioned just above, it ought to be said, that it is a condition which all human beings can look forward to. Religions and occult movements have tried to portray these worlds in a symbolic, pictorial language, which is beautiful and poetic, but, which, on the other hand doesn't, by far reach the beauty and the logic which these worlds really hold. It is the organic structure of these worlds, which the spiritual science, - or cosmology, - first now, is able to analyse and explain.

MASTER OF TIME AND SPACE.

When the day-consciousness of the being through the so-called process of death has been transferred to spiritual space, or: Space of radiance, where there is no distance, but instead, condition, and, where it is not necessary, laboriously, to move a body in space, but only to think in order that matter shall obey the thought, then, as previously mentioned, the being is enclosed in its own world of thought immediately after the process of death. It is like an embryo before a birth. But now it is in the spiritual world in which it is to be born. In this "embryonic state", a possible "experience of purgatory" may take place, and only here if the thought-world of the being is very materialistically accented or negative. But also there, there are birth helpers, - or guardian spirits, - which, when called for by the beings, will apply their thought forces and spread the dark thoughts. Liberated from its own darkness, - which it itself must learn to conquer in a later incarnation, - the beings are now in a condition to experience through its positive, humane abilities and talents, which exist in their consciousness, or: Its spiritual space. By way of these they can enter the same wavelength as the spiritual space of other beings, and with the spiritual space of the globe-being and the universe, only limited by the extent of their own moral and intellectual space. But, however slight their abilities and talents of a divine-humane character might be, they will just the same convey to the beings the most beautiful experiences in the way of f.inst. "old friends", and with be-

ings now belonging in the spiritual worlds. At a certain stage in their experiences in these worlds earth-men will feel the craving to return to the physical world in order to develop their faculties of thinking and charity by conquering over resistance. Resistance does not exist in the spiritual worlds. There matter obeys the thought and the will. As one thinks thus it is made manifest at once. Earth-man is now to be born again, but this time to the physical world. It must reap in the future what it has sown in the past, and it will have to sow for a new future. It will have to create a new spiritual space, which is going to be closer to the wavelength of the key-note of the universe, - or: Closer to the law of charity, - than it has been able to show in the past. In the "Now", i.e. the present, in a physical world, it must meet its past as karma, - or: Fate-creation, - and through its more humane reaction to its environments, create a new and better karma, fate, or destiny. Its consciousness, or: Spiritual space, - is to be filled and satisfied with experiences, abilities and talents, which will make its next stay in the spiritual worlds after its next "death" still richer and more beautiful than before. Some day in "the course of time", as we call it, its spiritual space will be of such a radiant quality, or: Filled with such a wealth of experiences, that it has gained completely over darkness, - or: Ignorance. At that time it will be able to incarnate on the physical plane without going through a process of birth. By means of the knowledge and competence of his spiritual space it will be able to materialise an organism in a matter of a brief moment. At that time it has gained control over time because it has control over its spiritual space. Then it is Man in the image of God to his likeness, which has become master of time and space. And there isn't one earthly being, which isn't going to reach this stage.

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NOTICES:

For a long period we have been without any current contact with our friends outside Scandinavia. The reason is, that we have neither had the qualified people for the translation into English, nor the helping hands for the distribution. Now, however, we shall from time to time be able to send you duplicated sheets with articles by Martinus and others, together with information about lectures, meetings and courses held here and abroad.

In Scandinavia we have been publishing a bi-monthly magazine, KOSMOS, for many years, and a German edition is being published ten times a year at the present. It is our hope that the present contact letter at a later date will be replaced by a regular, presumably quarterly, edition of KOSMOS, which could later on be extended to a monthly issue, the contents being articles from our Danish edition of KOSMOS. - If some of our friends abroad, who appreciate receiving this News Letter realise our needs for their contribution to cover postage and printing expenses of this letter, we should be thankful, and, of course, we shall be pleased to send copies of this letter to your friends if you would be good enough to send us their addresses. Until further we intend to send four issues yearly. tb.

Talks on Martinus' Cosmology in the UK.

SOUTHEND-on-SEA:

14th June at 7.30 p.m. in CIVIC CENTRE, for the TRUTH FORUM.

LONDON:

16th June at 8 p.m. for the GANDALF GARDEN group, 1, Dartrey Terrace, Kings Rd., S.W.3.

Subject: From an un-loving to a loving state of mind.

Speaker: Mr. Tage Buch.

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LONDON, in October 1971.

Mr. Mogens Møller will give talks in London. The first fixed date is 6th October in TRUTH FORUM, Caxton Hall, S.W.1.

Further information in the next issue of our news letter.