

CONTACT

with THE MARTINUS INSTITUTE
OF SPIRITUAL SCIENCE

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Dear Reader,

I wonder if most people driving a car have not experienced the unpleasant smack against the windshield telling that "something" hit it. Most people deliberately drive on, but a few turn their heads, often with a deep feeling of distaste, to find a small bird's last flickering movements before death takes it. This mostly happens in late summer. Hundreds of thousands of young birds have then learned to fly - but not fast enough. They are not yet "traffic-minded", as we say. And the hedgehogs are not at all traffic-minded and will perhaps never be so. Everywhere they lie as dark, flat, small islands on the roads - certainly a very unpleasant sight.

Truly enough this can scarcely be avoided and may actually be dangerous for the car behind, if one suddenly jams on the brakes in order to save a belated young bird. In numberless realms life has become an almost dismal choice between a greater or a smaller evil. The steadiness of bygone days has been replaced by a speed which ruthlessly grows. We will get more cars, many more, and we will get greater and greater speed, both on land, on the water and in the air - because we have to catch up with so incredibly much in this one and so short life, is it not so? Or have we?

Speed-pleasure and mental youth, or perhaps rather spiritual immaturity, belong together. Speed for the sake of speed is more childish than anything else, but even white-haired people hurry along as if the secret police itself were at their back wheel. And all is due to this gentle but often so deadly dangerous press on one small pedal which in itself is absolutely neutral. I have often thought cars ought to be arranged so that on the instrument board, beside the speedometer, there was also a meter for measure of blood pressure, where the blood pressure of the driver was registered. Because very few people realize that a speed above eighty kilometres influences the blood pressure of the human being and thus its reactivity - and is eighty kilometres not quite sufficient, especially in our small country which is not at all made for great speeds? Apparently not! Because every fifth person who is killed in the traffic in Denmark is - a child! A being who, just like the young bird, has not yet become traffic-minded.

We live in the first technological century - in its period of childhood! We shout with joy over new world records, whether they take place on earth, in or on the water, in the air and now, at last, in space. Records, records, records, of which the last does not seem to be the least essential: namely, the one that we now have bombs which apparently can wipe out all of us in one great crash! More than ever the famous departed Camille Flammarion of France seems to be

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right in his bitter words: "If the other globes in the universe are inhabited, then the earth must be their madhouse". Or is he?

Are we to reach all that to which we so ardently aspire with the speed devil in the blood - and are we all more or less mad? Neither. From a spiritual point of view we are so hopelessly young, so fervently immature! Born on a globe which in and upon itself contains all imaginable conditions for a very happy life for all of us, our respect for an our love towards life is still so poor that we destroy it with the same abundant carelessness as the one the children display when they "en mass" are seized with the desire to smash windows or destroy one thing or another on which they get the desire to use violence. The human being's respect for life or for the moral values in life falls with shocking speed towards absolute zero. "Do what you want to - as long as you do it". This is the slogan of today - and it is both seen and felt! Especially the last. Notice how often our newspapers and magazines discuss the subject "the new-born clamour-mentality", and how often the headlines of the readers' questions in the magazines must occupy themselves with the increasing unhappy feeling of loneliness!

In olden days it was said: "One needs broad shoulders to bear good days"! In those days "good days" apparently were a rarity - they are not that any more! But it was also said: "Set a beggar on horseback, and he will ride to the devil". These two sentences are purely cosmic-chemical formulas. They have been brought about by centuries of human observations and their contents have eternal value. In our part of the world the human beings have got many more "good days" than they ever had before - but they have not got "broad shoulders", on the contrary. Wherever we look we meet "spiritual narrow-shoulderedness" or just that "demanding mentality" which often makes the everyday life a travesty of what it ought to be! And do we not at the same time witness how countless human beings wish to demonstrate their recently acquired social position with a behaviour which brings the worst time of the profiteers into too vivid recollection? The clamour-mentality and the boast-mentality have golden days and will continue to have it for a long time. Because the world is on its way towards quite a new epoch, the beginning of which is anything but beautiful. And we are on the way into a land of abundance, which will give us hands full of those "God's gifts" which, rightly administered, can make us physically happier than ever before in our eternal development, but which also, wrongly treated, can just be that "razor" in our hands which causes that we do not only cut ourselves till the blood flows, but also cut ourselves out of that entirety which is just the innermost goal of this abundance. We already see the signs of this new condition around us, because richness for the sake of richness itself is just as foolish as speed for the sake of speed itself.

Is the world then quite without hope? Absolutely not, or rather, on the contrary! Because behind all the noise and restlessness, behind all the craze for record-breaking and behind all the desperate self-assertion, quite a new world is growing up. But this world is without actual sensation, so it is hardly worth while writing about, in any case not in the so-called "up to date" newspapers. Because this world consists of those human beings, young as well as older, who have not only preserved their ideals, but who in silence and often in great humility, try to realize them in their daily life. That they are not "the many" we all know, but how is it. Is much salt needed to change the structure of a great mass? These human beings do not talk much, and they do not shout out loudly, but they live another life than the majority. They, so to speak, take the opposite road of the majority, as they "go inward" where the others still "go outward". Why do they do this?

One starry night I sat in "the holy men's valley" at the foot of the Himalaya and talked with

two Indian officers of high rank. Some hours earlier we had been listening to the wise man, Shivananda, in his Ashram, and we now sat and discussed the thoughts he had put forth - beautiful thoughts in a way, but still, expressed in the undefined Indian language of the sages, which permits endless interpretations. "I know you have another meaning about these questions", the one officer said to me, "because I get your Contact Letters; tell us straight out what you think"! And then I told them what I thought about both the Indian sages in general and about the present situation in India in particular. I predicted that India, using its own language, was like "a dreaming virgin", who had to be awakened, because just as materialism alone cannot solve the world's problems, a mystical spirituality cannot do it either. One cannot solve the material problems by running away from them. Whether it was the wonderful climate or the glittering stars above our heads I do not know, but I became very inspired, and I did not mince the words, because actually I had seen more of their country than they had themselves, and I felt - and I feel even today - that the whole Far East, however spiritual it may be, will meet with harrowing catastrophes till this part of the world also realizes that the words of Kipling about "East is East, and West is West and never the twain shall meet", were perhaps true words at his time, but pure nonsense in our time. Because we are all going to meet. The Indians are too spiritual and we are too materialistic! In our time these two directions have met their extreme limits and must now, will now bend towards each other. We must learn to live together and to help each other, materially as well as spiritually, and so I outlined the road through it all which Martinus shows us. Before we parted the sky was flush with the top of the snowclad peaks of the Himalayas.

At first we must all "go outwards" before we can learn to "go inwards". In previous lives many of us have tasted the sweetness of richness to such a degree that it does not tempt us any more. But this does not mean - and this I want to emphasize - that we consciously, as so many Indians do, should search for poverty. No, but through self-experienced situations life gave us "broad shoulders", which one must have in order that the illusion of richness shall not become master of our souls. My two Indian friends understood this. They were both sons of well-to-do families and saw clearly that poverty is much more a spiritual than a physical problem. It is evil, incomprehensibly evil to hunger, but it is also evil to have all that one needs and still not be content. The epoch of hunger is drawing to its close. Its life was long and evil. But today life shows us that to eat one's fill does not solve all problems either. On the contrary, it seems as if human beings now are facing an epoch where they "in the loneliness of satiety" will have to learn to begin the wandering inward, learn to understand that "the human being does not live by bread alone". I have never hidden from anyone that I detest the form of spiritual development which solves its physical problems by escaping them. If we leave the burdens to others, they will turn up some day all the same. Materialism can only be conquered by subjugating it, not by running away from it. And materialism is only conquered the day it constitutes an inner, self-experienced part of one's soul, because only then one understands its inner purpose and understands that also this is divine in its nature.

Today we find human beings all over the world who are "born" satiated with all that which "moth and rust doth corrupt". These human beings easily think out by themselves the illusion of materialism and see that only the day the single human being is satiated with all the technical goods materialism has brought us, is he the born "user" of these goods. Then he no longer boasts of them. But no one can be satiated with one thing without at once longing for something else. And in this case "the other thing" is knowledge of the human spirit or the only knowledge

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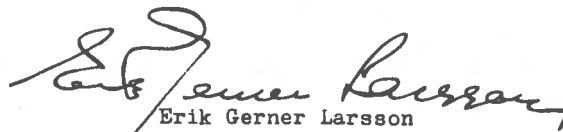
that can dissolve unhappy loneliness. Only when we really know ourselves do we understand "the others", understand that the happiness of our life is dependent on the happiness we give to others. In theory we have all learned that "it is more blessed to give than to receive". If we really did believe in this truth, we would act accordingly. But we believe much more in the truth of the words: "It is more blessed to demand than to give"! Because we are in possession of a terrible hunger after getting a part of all the goods which the so-called rich had before us. Today we are getting more and more of these goods, and what is the price? To most people, loneliness and emptiness! For what is the joy of a car, when everyone else has one - and perhaps even a better and more expensive one? In our blind wandering outwardly we at last get lost in the material jungle. We lose contact with what is essential, with the living behind all the dead. We just become the "whited sepulchres", which we above all would not like to be.

"Everyone thinks of himself, only I think of me", says Kumbel, That is true, but it will not continue to be like that! Because it is a spiritual blind alley. But life is long-suffering, and we have all got a "long tether". I am therefore regarding that which we are witnessing with sheer optimism, because concerning the past we have had and the future we are going to meet, I feel to the verge of certainty that all is good as it is. We are all eternal. Death is only an imaginary contrast to the eternal reality. Little by little we are all coming on the track of this eternal life. Many have come so near to it that quietly they have altered or changed their course. They are no longer indifferent to the fate of a crushed sparrow; they feel unhappy for having caused the death of this little life. Others again go a step further. They do not wish to cause killing of life and they stop eating meat. To these human beings the respect of life is so profound that they quietly decide to change course. They know that they run a risk, because each one who is "different" is being buffeted. But they just smile - and go on!

No, the earth is no "madhouse". It is rather a "test-house" where the human being can freely do what he wants to. He may kill life and he may give life. He just has to know that according to the eternal laws he must reap what he has sown. Within many realms, harvest time seems to be in. Today the human being is his own worst enemy. Uncontrolled powers in our souls may lead us all into catastrophes - and perhaps has to do so! But - and this is the most important to me; one can destroy the outer form, but the contents, the living, the immortal behind the form will always survive. It existed before the outer world was created, and it will exist until at sometime the cycle of this world has been fulfilled. Just instinctively to be able to sense the existence of this reality is an extremely great happiness!

With kind regards from Martinus and all our co-workers.

Yours sincerely


Erik Gerner Larsson

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Martinus:

MORAL TRAINING

"Moral training" is a subject which everyone might be in need of. We are just experiencing a time when things are changing from one culture to another. Each culture has its own special moral, its own special precepts, which little by little are becoming less effective, becoming antiquated, and this culture is degenerating and perishes. Through the course of history we have seen culture after culture disappear. And we are now experiencing the death of the civilization of our own time. We are about to pass from the old culture and into a new one. This new culture is the very beginning of the "real human kingdom". Day by day we are continuously undergoing a change. Gradually nature becomes our only and real true teacher. Nature proves itself to be energy of consciousness; it discloses that it is influencing us or speaking to us in an intelligent way, which by far surpasses that influence which we are experiencing on the part of our fellow-beings, and thus nature becomes the only real and true priest. It is important to come to understand that through the immense powers and means of nature, regularity or intelligence is revealed, because then we come to realize that a Godhead exists behind everything, as intelligence cannot possibly exist without being identical with an attribute of a living being. The development of this comprehension is thus produced by the daily experience of suffering, sorrow and misfortune, as well as of well-being, joy and happiness in conjunction with theoretical teaching and guidance from experienced older human beings in life. And everything thus becomes one single great "moral training" of living beings.

Today this "moral training" is very intensified. Great pain and unhappy destiny is equivalent to concentrated or condensed development. When an animal is subjected to vivisection, if for instance a man cuts a small piece out of its brain in order to see how the animal's consciousness reacts in such a situation, then the animal, through this terrible process of suffering, experiences the sufferings of many lives concentrated in one moment. This again means that this moment of suffering gives the animal a development of feeling which normally would have taken many lives to obtain. But this is, of course, no defence of the vivisector and can never in any case exempt him from the responsibility of his bloody trade. The vivisector displays to a high degree that he lacks development of feeling, that is the faculty of compassion. In this special realm he is backward. But when he is backward in this special realm, he has himself to experience an intensified development in this same realm in order to reach the present standard of his intelligence. But as no one can harvest anything but that which he has sown, then the vivisector first of all must "sow", which means that he must release those causes, the effects of which can be identical with that intensified development of his feeling of compassion which is absolutely necessary for him. And this can only take place if the vivisector vivisects, mutilates or tortures other living beings. In this way he releases energy, in his own formation of destiny, which sooner or later in one or another form will be a corresponding "vivisection", mutilation or suffering in his own organism, until through such suffering his faculty of compassion has reached that standard of feeling which is normal at his stage of intelligence.

The development of living beings might be very intensified, and then it manifests itself as severe sufferings and unhappy destinies; or it may take place "drop by drop", almost imperceptibly, which then gives an almost carefree and apparently happy existence. In the first case the beings obtain an immense progress in one life, while in the last case it takes centuries to

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make the same progress.

Earthly human beings are very much subjected to an intensified development. Great sufferings are prevailing in many parts of the earth. In many countries there are rebellion, revolutions and war, catastrophes of nature, floods and failure of crops. In other countries or districts we find more quiet tendencies or conditions that are developing peace. The separation of the "sheep" and the "goats" at "Doomsday" is thus about to become a fact. Human beings are more and more being divided into two very contrasting groups; namely, those who are anti-militaristic-minded and those who are militaristic-minded. These two groups may also be expressed, respectively, as the champions of internationalism and the champions of nationalism. In previous lives the beings of the first group have finished with the military ideals and the worship of the nation, and now that sort of thing almost gives them mental sickness. They grow more and more up to the divine ideal and the true foundation of world peace: that the welfare of the whole earthly humanity is preferred to that of a single nation. They develop collective unselfishness, which means the fulfilment of that reality which means the same for the "salvation" of the nation and its ultimate unshakable welfare, as personal unselfishness means for the "salvation" of the single individual, or its entrance into the true condition of happiness.

The beings of the second group have not yet finished with the military ideals. They are still carrying the killing principle in their heroic halo. They are still inspired by collective selfishness, which means that to them the interests of the "native country" are above all, quite regardless of how these interests might harm the international welfare, no matter how much oppression, death and mutilation, sorrow and indignity they might bring to other nations, other folks, other "native countries". They make their nations live in accordance with the motto, "every man for himself", and thus cause war to be the highest ideal. And the goal for the release of all energy thus becomes the creation of the best and most refined murderous machines and killing methods in order to make the "enemy" as defenseless as possible.

Making our starting point the kernel in the Christian moral, "turn the right cheek when you are smitten on the left", "whatsoever a man soweth, that shall he also reap", "put up again thy sword into his place, for all they that take to the sword shall perish by the sword", it is not necessary to be specially developed or gifted in order to realize which one of the two groups has come furthest in moral development or has reached the greatest position in the fulfilment of the Christian religion. One need not be very old in order to be able to realize that the first group is the "sheep to the right", and the other group is the "goats to the left side". "Doomsday" is now about to come to the earth. "The sheep are being separated from the goats". This separation is largely taking place - imperceptible to the individual - through reincarnation. If you believe very much in war and militarism, in your next incarnation you will be born in countries where you will be able to find vent for this interest of yours; just as you, if you have great love for the opposite tendencies, will be born in countries where these interests can come to unfoldment. And this is the reason why some nations more and more are being populated especially with passionate believers in military power, with heads of state, leaders or politicians who to a special degree are the servants of the sword, gunpowder and death, and who very much favour and honour those of their citizens who are best suited and most obedient to play the same game. And this same principle of separation causes that other countries more and more are being populated with beings who long ago - mainly in previous lives - have finished with war and therefore have an innate faculty to understand its true primitive nature, and consequently can only work in the service of peace, which means in the service of anti-militarism; they can only

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accept a peaceful solution of all national, international and private interests. And so the population of the earth more and more appears in the aforementioned great main groups - the "sheep" and the "goats".

Now, what causes this process of separation and what is the use of it? To the cosmic observation the mental process of separation shows itself to be a very great element in the "moral development" of humanity. Without this element the creation of a real world peace would be an impossibility. The announced "new heaven" and "new earth" would never become a reality. The mentioned "new heaven" and "new earth" is not a new globe; on the contrary, they are respectively a new mental condition among the human beings saturated with love and solely resting on "the Holy Ghost", and an administration of the physical, social conditions and the good things of the world based on the same love and spirit.

In the cosmic world plan, sufferings constitute the only means by which wisdom can become a matter of fact. Sufferings give the best and most profound experiences. Experiences are the same as wisdom. Wisdom, again, is the element on which all perfect creation unshakably rests. Where knowledge is missing, disharmony is flourishing. And as the culmination of disharmony is war, mutilation, is destruction and "hell", then it becomes obvious that "the sheep on the right side", which means the peace-loving and anti-militaristic-minded group of beings, have experienced the foolishness of war and the killing principle, for which reason they are friendly disposed towards anti-militarism or they have antipathy against brutal and bloody methods of settlement. But when they have reached this mental state, they need no more take part in life's own teaching and demonstration of the killing principle's true nature and effects, they need no more to be mutilated in order to learn what mutilation is. Could it be more natural, then, that nature in this connection acts just as logically as it does in all other situations, and separates these beings from the beings who still have to be hit in person by war or blind unfoldment of power in order to learn its foolishness? Otherwise these beings might risk being hit by sufferings which are quite useless to them because the experiences, the purpose of which the sufferings are to release, already exist in these beings' mentality as personal experiences. But in life or nature nothing useless can take place, and the beings are automatically being removed from the sufferings; and all according to the profoundness of the experiences they have acquired from these sufferings, these experiences will be stimulating to the will and lead the beings into a loving and peaceful direction. Suffering can also be stimulating to the will in the way of hate and revenge, but only in its first stage, where that change of mentality which is its mission to manifest in the individual has not yet taken place. Beings who hate and pursue, torture and torment other living beings, no matter for what purpose, no matter if it is in the form of a career, or it is in the form of amusement or vengeance, still very much belong in the zone of suffering and will have to go through many severe sufferings; namely all those that are needed in order to develop the faculty of compassion so much that they no more have the heart to do harm to any living being.

But as "the sheep" and "the goats" thus are being separated from each other and thereby more and more each live in separate countries, then it becomes easier for Providence or the Omnipotence to give "the goats" that process of suffering which they are lacking in order to be on the level with the "sheep" in evolution. If this separation did not take place, the "sheep" would be a great hindrance or obstacle to the "goats'" unfoldment of war and killing. As a result of this we notice that certain countries, the inhabitants of which formerly were democratic or politically free, now are subjected to military dictatorship. Their press is only allowed to

stimulate and praise war and brutal power. The war business thrives and gets a popularity in these countries which it only had centuries ago. All genuine peace-loving and thus anti-war instruction, literature and art are tabooed, and racial intolerance is looked upon as a virtue. If to this is added that the propaganda of war already is a link in the education of children, and the qualification for handling murderous instruments of war has become a school subject for children, then it is easy to see that the "sheep's" strong and democratic free and peace-loving personalities or leaders here have become extinct, which gives free play to those who are militarily inspired, to those who are eager for conquest, and to war-minded dictators. And, of course, in the domains of such beings and under such circumstances there are no special conditions for the "sheep" beings to incarnate; they have already long ago done with these conditions. On the contrary, suitable conditions are created for the incarnation or birth of the "goat beings" in the concerned realms.

And so there is also created a corresponding condition for the fact that war, with all its many opportunities for different kinds of sufferings, can come to a quick unfoldment in the mentioned realms. And at last these realms will represent quite an Armageddon, a whole collective "vivisection". How else would the concerned beings be able to arrive on the level with the "sheep" beings in experience of learning and understanding regarding the foolishness of the conscious unfoldment of killing and like these become amenable to a higher theoretic instruction and creation of real peace? Armageddon is nothing but the sufferings which the "sheep" already have experienced in previous lives, and which are now in store for the "goats". And just as the mentioned sufferings transformed the "sheep" into their present mental and peace-loving attitude they will also transform the "goats". And when this has taken place, a new world redemption will lend a hand in the disclosing of the real and true mathematical world picture in which all the holy books' greatest conclusions or highest pronouncements from the wise men of the world will become scientific facts. And on these facts the predisposition or the faculty to "turn the right cheek when one is smitten on the left", the faculty to "put up again thy sword into its place" towards the adversary, the faculty to understand that finally "all is very good" will flourish. And this blossoming is culminating love. This love is the highest result of "Moral Training". It is the "new heaven" and the "new earth", which after the darkness of Armageddon will let every individual experience the eternal nearness of the Godhead.

BOOKS OBTAINABLE IN ENGLISH

	\$	£
<u>LIVETS BOG</u> ("The Book of Life" I), by Martinus. Treats subjects as: The world situation. The new world impulse. An international world empire under creation. From animal to human being. Evolution.	6,00	2.00.00
<u>THE ROAD TO INITIATION</u> , by Martinus. This book is an aid to the person who really wants to try to perfect his mentality and mode of life in order to obtain wisdom by personal experience. Deals with subjects as: The key to the gate of Wisdom. Why humility is absolutely necessary. This book also contains:		
ON THE BIRTH OF MY MISSION, by Martinus. Perhaps the most interesting book that has ever been written because here we are faced with a first-hand account of that experience which was the source of the creation of Martinus' life-work. And:		
COSMIC CONSCIOUSNESS, by Martinus. Explains subjects as: Cosmic consciousness and God's creation of light. Every kind of discord has its root in underdevelopment or intellectual inability. Man's perception of life is his "fate-compass". The road to "Cosmic Consciousness" goes through development of the faculty to understand and forgive. And:		
AROUND MY COSMIC ANALYSES, by Martinus. Contains subjects as: What is needed to understand the cosmic analyses. The greatest obstacle for the attainment of the most supreme knowledge. Why one should not judge or be intolerant towards other human beings. 150 pages in all.		
2,00		14.06
<u>EASTER</u> , by Martinus. Hardly any event in world history has been more important to occidental man than the one which took place at Golgotha nearly two thousand years ago. The picture of this event which is given by Martinus in this book is of a beauty surpassing everything known until now. 73 pages.	1,50	10.06
<u>THE IDEAL FOOD</u> , by Martinus. Why the vegetarian food is healthier than the animal food. "The ideal food" for moderns. Some advices to those who want to become vegetarians are topics Martinus deals with in this book. 150 pages, 2 symbols.	1,50	10.06
<u>INTRODUCTION TO MARTINUS' COSMOLOGY</u> , by Eric Gerner Larsson, but drawn up under the personal guidance of Martinus. It is based on the Picture of the Universe as revealed in <u>LIVETS BOG</u> (The Book of Life), the principal work of Martinus. 280 pages, with 31 symbols in colours	10,00	3.10.00
<u>MARTINUS</u> , by Erik Gerner Larsson. A brief outline of Martinus' childhood and adolescence with glimpses of his teaching. 94 pages	1,50	10.06
<u>CONTACT LETTERS</u> 1 year subscription inclusive of postage. Ten issues	4,00	1.08.00

We beg to remind you of the fact that it would be a pleasure to us to forward four samples of our Contact Letters to anybody you consider really interested in the work of Martinus if you will only take the trouble to let us have the address of the person in question.