

# CONTACT

with THE MARTINUS INSTITUTE  
OF SPIRITUAL SCIENCE

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Dear Friends in India and abroad.

It is in the nature of every human being to want to have knowledge. The history of the human race is a story about the desperate fight to understand the life in which they found themselves.

The human being has not all of a sudden been created by a miracle. The human being has gradually developed from the animal world which he still in many ways belongs to mentally. If we really want to study the way in which the earthly human race explored its surroundings we must necessarily go further back than to the first human race on earth. We must go back to the higher developed animals to find the first sign of that intelligence which today is the foundation for all science whether it is of a physical or a spiritual nature.

It is very interesting to study animals' life from this point of view because this way we will easily find the key which will give us the clues to that which we seek.

Take a look at our birds in the gardens. Notice how even the tamest of them always is on guard. Every unexpected move makes the birds react instinctively. The interesting part is that, in reality, the bird is completely indifferent to the reason for the noise. Its reaction is the same whether the noise is coming from a human being, another bird, or even a piece of morning paper on the ground. No bird eats without at the same time being on guard. The reason is understandable. The bird has not the intelligence to see the difference between a thing that is alive or a thing that is dead. The bird, and for that matter any other higher developed animal, knows only one thing: that anything which is able to move can be danger to it. Animals react immediately to anything that can move and it is to them a possible enemy.

Some of my readers may think that all this talk is quite unnecessary as it has nothing to do with the study of spiritual science, and that I am wasting both paper and time on an indifferent problem. But let me once and for all explain to you that it is in the world where indifference and "matter of course" has its domain that we find the cosmic "Diamonds". It is here we must seek if we really want to understand our life. It is here we must seek if we wish to understand God's way of thinking. Because, what is the feeling of indifference but the reactions in life we all know so well. Is it not the reactions of our



own day-clear consciousness that must necessarily be our fundamental spiritual knowledge of God? It is! Only where our own eyes can see, and our own ears can hear is there really an opportunity to understand life.

The first thing life teaches us is that life and movement are the same thing. Animals have this knowledge as an instinct. This, in reality, means that all animals are born with a cosmic organ in their consciousness which reacts automatically on instinct. Animals react instinctively to movements. The human race here on Earth is so acquainted with almost all movements that they do not pay attention anymore. This attitude can, however, be very dangerous, because anything which becomes a habit reduces our power of observation. Let us again concentrate on the animal world because it is here we have our origin.

The natural instinct in animals to react and to be on guard against any movement was the direct reason for the first primitive people on Earth to react strongly to thunder and lightning. They believed it to be a human being, an angry God. The only difference between the first human beings on Earth and the higher developed animals was that those human beings had begun to develop the knowledge between "It" and "I". Animals have not yet developed that far. They still live strictly in an outer-world which they do not understand but of which they are instinctively on guard. The first primitive people on Earth could not only see this outer-world, they could also distinguish between that world and themselves. We call that our day-clear consciousness. The day-clear consciousness of those first primitive people on Earth was, of course, very limited. Those people's idea about life was so different to ours that it seems to us a terrible world of darkness and ignorance. Nevertheless, the way they gained their day-clear consciousness tells us a lot. The process with which they gained day-clear consciousness reveals that what we call our "Ego" and what we call our "consciousness" are two very different things. And it is that knowledge which is the "mother" of all higher spiritual life.

The Ego's strong desire to live is born in it and reacts automatically, and it is that strong desire which creates the day-clear consciousness. What we call "consciousness" is a created thing like all other things created and therefore is subject for changes and advanced development and progress. But the thing which experiences the change cannot be subject itself to either changes or developments. Changes and developments are movements, always in constant motion, and forever interchangeable, but it is not possible for a vibration to experience another vibration.

If we take a good look at our world we will see that everything is vibration. Everything is movement in one way or the other. Our whole world is an ocean of vibrations from the atoms and electrons in our micro-world to the enormous distance in the macro-world with its Milky Ways, its Planets and Solar Systems. I shall, in future contact letters, give you a thorough explanation of the two worlds which in his books, Martinus calls: "The Micro-World" and "The Macro-World". Everything in our physical world as well as in the spiritual world is vibration within vibration. But it does not alter the fact that there is "Something" in us which observes all this motion, records it in its mind and derives



from its experience in life. This "Something" must necessarily differ from anything which has to do with motion, and could never be subject to any motion whatsoever. This "Something" must be a steadfast point. And it is this "Something", this steadfast point, we have given the name "I". As it has never been subject to any motion or transformation it must always have existed and it will always exist. It constitutes therefore the "immortality seed" in every human being, and is the "Something" around which the consciousness arises.

We will, in our spiritual seeking, again and again come back to this steadfast "Something". This "Something" is the all important point which we must thoroughly understand and be mentally aware of.

If we take a good look at our surroundings we will find that life demands of us to accept the fact that consciousness is subject to the process of evolution and development. We often clearly state that other people we know are more stupid than we, but we forget even more often that there are others which are far wiser than we. Just notice a group of people in a discussion. Everyone feels, usually, that he is definitely more right and wiser than the one with whom he discusses. Therefore, you often will see such discussions end up in small "wars" between the people. However, war, no matter what form it may have, always represents a state of dissimilarity, and for that reason a heated discussion is something a true spiritual seeker should avoid. If you are forced into a discussion and it becomes a "heated" one, try to change the subject in a diplomatic way without hurting anyone. Act wisely. Show respect for other's opinions even if their opinions do not agree with yours, and you will make friends instead of enemies.

The spiritually primitive human being carries on his shoulders a great burden; his own egoism. He goes through life with a feeling of superiority, in reality knowing absolutely nothing about his own very limited mental structure. The case is quite different where the spiritually high developed human being is concerned. This human being knows that he is neither the most stupid one nor the wisest one. He also knows that there always has been and always will be human beings who have developed so far ahead of other people that we, through their divine wisdom and love, can gain great knowledge. A human being who has developed his spiritual life so much that he can begin to understand cosmic science also knows that to receive higher cosmic knowledge obligates him to give this knowledge to other human beings who have not yet reached the same "Step on the Ladder of Evolution". He also knows that he must give this knowledge to others with great love in his heart, with deep tolerance and understanding, in the same way he, himself were given it. We are all students of those souls who have reached "The Step on the Ladder of Evolution" above us. And we are all teachers to those souls who are on "The Step of the Ladder of Evolution" beneath us. It is an unshakable fact that only the truly humble of heart shall experience the higher spiritual world's cosmic lights and beauty. Therefore, for the true spiritual seeker, the most important thing for him is to adopt the same true humble attitude. If we do not have that attitude or if we will not try to develop it, life will quietly close its door and shut us out from all cosmic light and beauty.



It is true that the first primitive race on Earth had a very limited consciousness compared to ours. Compared to the primitive animals their consciousness was, however, of a great dimension. Therefore, beware! Do not ever judge others.

It was natural that this primitive race, which had developed from the animal world into the human world, had the ability only to picture a God who represented "The Law of the Jungle". That was all they could understand. They lived by that law themselves and experienced it as day-clear reality. Animals instinctively bow to superior force. Therefore, the first primitive race on Earth bowed their heads in fear when they saw lightning and thunder. To them it was an angry God who sent his punishment down over their heads. They reacted the same way to earthquakes, to storms which rumbled through the air, and to floods, as well as to the burning summer heat and the bitter cold winters that made them tremble. All those things were to them the angry Gods who had great power and ruled over them. They lived in fear for those powerful Gods. They tried to please them and to make friends with them. They sacrificed enemies they had caught. Yes, even sacrificed their own children to their mighty Gods in hopes of pleasing them.

The primitive race, ancestors, were human beings in a sense of the word, but by nature they were much more animal. Their ability to think had only started to develop. They could only instinctively guess about things in life where we have a clear "view" of things. Their higher spiritual "talent seed" was still asleep. Only deep sorrow and great suffering would some day arise this latent "talent seed" from its deep slumber. But they had one thing in common with us. They were "Sons of God". Behind their hairy, muscular, heavy bodies, their very primitive features, and their brutal behaviour existed the same "Something" that today exists behind our consciousness.

Our ancestors, had to go through sufferings so horrible that we can hardly picture it. Step by step, through terrible experiences, they gathered their first fundamental spiritual knowledge. Through incarnation after incarnation this race learned to pick the "right stones" and began to build the foundation to the knowledge to which we are adding more precious "stones" and seriously have begun to build our "Castle of Cosmic Wisdom". We are this primitive race's descendants, but have you ever stopped to think that we may very well have been them?

"The use of force" was in power in our ancestors' time. But we who live on Earth today can not say we are free from that either. "The use of force" has been in power since the first race on Earth and now for the first time the human race has begun to get tired of obeying that power and is starting to fight back for freedom in thinking and doing.

What is the real reason for this lust for power which the human race on Earth seems to be craving? Is it not hereditary fear from the "Jungle-world" we once lived in? Is it not the same fear in us that makes us still want to be the strongest, to be in power so no one can touch us and make us "slaves" instead of "rulers"? But even if we must agree, being honest with ourselves, this is not the real answer to the question. The real answer must be that the



lust for power is still such a great desire in the human race because of a lack of knowledge. The human race goes through life without knowing the slightest thing about its own cosmic destiny. Some feel that the soul must live eternally but that feeling is more or less guesswork. Therefore, it has not a very great influence on their life. If the human race today knew for sure that what they call "death" is not a sad end for the soul but a wonderful entrance into a beautiful world, they would lose their fear of death. They would no longer tolerate "the use of force" but would fight this power even if they had to die doing it.

The human being on Earth does not know that life goes on after death. Their belief in such a life is quite weak, and our world of physical science undermines this belief further with the silly assertion that all life is subject to constant motions and transformations. Our physical science tells us that we all are a result of "genes and chromosomes", that everything depends on the law of heredity and that our life is completely over when we die. In their belief the thought of a life hereafter is ridiculous. This is by no means a criticism of our physical science which does a splendid job and for which we have a lot to be thankful. It is just a clear analysis which proves that for all their greatness and knowledge, they still believe in the illusion that motion can experience another motion. The reason for that illusion is that our physical scientists have never, with any knife or test tube, been able to find that "Something" which conducts the knife, creates the test tube, and experiences and is behind all motions.

We are all on our way to greater knowledge. If we open our eyes and ears to our surroundings we will see that everywhere life confirms that our consciousness constantly is subject to growth and development. There is a rising "current" which steadily and quietly runs our life of spiritual development, from the state of childhood to the state where arterio sclerosis, (calcification) and senility begins its destruction of our instrument of thinking and our ability to experience and enjoy life. But this slow but sure destruction has only to do with our physical body. The "Something", the "I" which Martinus has given the name "X.I.", is completely untouched by this destruction.

Every human being experiences the feeling of the gain of more knowledge every year. But they also feel that one life is not enough to satisfy their great hunger for all the many things they wish to do. It takes from 25-30 years to build up our body and brain before we have the real ability to experience life. For most people the destruction of their body begins around the age of 45-50. Why dream, hope, and long for anything in life if life does not give you any chance at all to have your wishes fulfilled? But it does! Life is a much greater reality than most people understand. It is the whole Universe, and the Universe is God's own consciousness. If we have the will to remove from our soul the deadly poisonous illusions we have about life, we would soon be able to see the difference between the "Something" which creates and the things created. All things created are subject to climax and destruction. But the "Something" which creates is completely unaffected by destruction.

Viewed from the world of Eternity one life on Earth is but a "cosmic



second". Life does not give us such a limited short time in which to gain our experience as only one life. We are all "Sons of God", "Sons of Eternity". Our life is Eternity. That we seem small and our consciousness is very limited has nothing to do with the cosmic reality which exists behind our physical appearance. Neither the physical world of science nor the physical world itself gives us any hope for an eternal life. Only the strong force inside ourselves confirms this hope. This force is connected with Eternity through very strong, vibrating, spiritual organisms which we cannot see with our physical sight. The strongest of these forces is called: "Intuition". To see the world through "Intuition's clear, cosmic viewer" is to see it through Martinus' cosmic-clear sight of which he has complete control, but we have begun to experience fragments of this great force "Intuition". Therefore we are in need of Martinus, not to worship, but as one we should listen to because he has already walked "the road" on which we now have taken our first step.

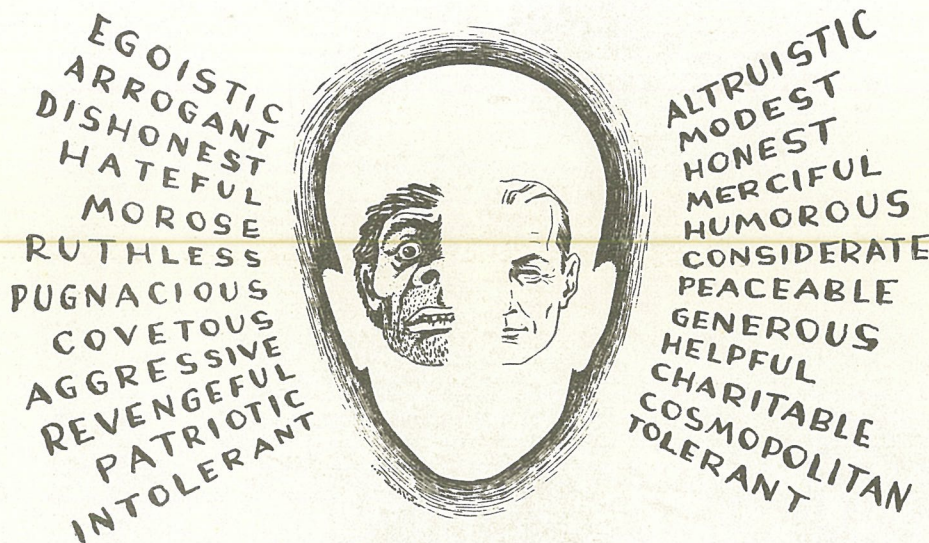
What is Martinus' explanation of that consciousness which characterized our ancestors who were much more animal than human? Martinus' explanation is very simple. As the human race today is spiritually lead by highly developed spiritual leaders who have walked our Earth: Krishna, Buddha, Jesus, Mohammed, ect., so also was the first human race on Earth lead by highly developed leaders. Of course, they could not give cosmic teaching as we are given today. No one would have understood it. Their task was of another character but their purpose was the same: to spiritually lead a human race on Earth.

This first race had no ability to understand humanity. They represented a spiritual "raw material" which first would have to be molded. The preliminary work was to lead that primitive race into suffering. Only suffering could awaken them. Another moral that we have was built up in their consciousness. They learned to hate and to fight for their rights. They were taught to accept: "An eye for an eye". To die with a sword in their hands became an ideal. Their big dreams were to be heroes who conquered the world. To die on "the field of victory" was their greatest hope. Vengeance was cultivated like an art. Their ability to hate and hunt other people developed into the greatest inspiration for them.

Look back at the road we have walked. Look at the endless battle fields. Listen to the hissing sound of arrows, the whistle of spears through the air, and dying people's horrible screaming. Listen to the world we live in. Listen, for there is a straight connected line from the first arrow and spear used, to the hissing sound of a modern rocket with its deadly weapon aboard. Deep down inside us we are still connected with the "Jungle moral": "An eye for an eye". We may not like that thought, but it is true as long as we have in us the hunger for power. As long as our weapon "The use of force" rules our world. But we also have another side in our nature which has a much higher moral. For we have two sides to us. One which still is connected with the "Jungleworld", and one which is on its way out in search of a more human destiny. Even if our fantastic egoism is keeping us in chain like slaves, holding us back on our road to a cosmic destiny, there is still hope for us. A new cosmic moral is slowly but steadily growing in us. This new human moral is the fruit of



that hate in us we once worshiped. The human race on Earth has hated so much, killed and mutilated so much that it has developed into a knowledge which can no longer be ignored. The consequence of killing was unknown to the first primitive race on Earth. They did not know the Law of Karma: "As you sow so shall you reap". We do not know it either, but we have begun to suspect it. We have begun to be afraid to such an extent that we fear our own highly developed ability to kill. We have with fear begun to realize our own tremendous power to destroy instead of build. It is that new fear which tells us that the once primitive human being has begun to change this moral structure. It tells us that the human race on Earth has started to mold a new consciousness. A new moral is breaking its way through the darkness, a moral which will find another way to deal with problems than with a deadly weapon in its hand. The human being who walks our Earth today is neither a perfect "animal" nor a perfect human being. Martinus calls us: "A wounded Refugee between two zones".



*The two minds of present man.*

Today we only know of one consciousness, but the next generation will know that the so-called modern human being has two. One is governed by the moral which teaches the strongest has right to rule. It believes in the right to hate, to take revenge and to destroy. This is the oldest moral. Behind that moral a new consciousness has slowly developed, and its moral is: "To love those who hate us, to forgive those who do us wrong, to love our neighbour as we love ourselves, to show tolerance to those who treat us with intolerance, yes, to even forgive those who want to take our lives".

This highly cosmic moral was Christ's, and it is His moral we shall try to copy for that is the key to the door which opens up to the golden land of Eternity. If we learn to know those two morals and the true reason for their existence in us, we will have another important key in our hands, namely: "The



Key to Life itself". We will once and for always have solved "The Mystery of Life".

I shall therefore in coming contact letters take you deeper into the laws and principles of life and its cosmic structure and realities.

With kind regards from Martinus and all our co-workers in Denmark, Sweden, the U.S.A., Canada and India.

Sincerely yours,

*Erik Gerner Larsson*  
Erik Gerner Larsson



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