# NO. 4 MARTINUS COSMOLOGY 

MENTAL PRISONS 2


# Angels of Freedom 

## by Mary McGovern

From our viewpoint here in a rather troubled world it is hard to imagine having had enough of light and happiness. But this is what happened a very, very long time ago. We were spiritual beings who had been living in a state of total bliss for aeons of time - so much so that our ability to experience was gradually fading away. Contrast was needed. And so arose our longing to go into the physical world again where our consciousness and ability to experience could be rebuilt.

The myth about the Garden of Eden describes this descent into the physical world as the "fall" of Adam and Eve. The way back was barred by angels with a flaming sword who guarded "the way to the tree of life".

The symbolic language of this myth expresses a cosmic truth. It was a necessity, not a punishment, that if people were to become "like Gods", they had to have total wisdom and therefore a perfect knowledge of darkness.

The "tree of life" is a symbolic expression for the total union with God, the experience of our identity as indivisible parts of God which is the result of the creation of our consciousness through the experience of darkness. The "angels with the flaming sword" guard the threshold to this experience of oneness. These angels are not anything external but the unfinished sides of our own nature. One cannot enter paradise before one is morally perfect - otherwise it would not be paradise. The guardians of the threshold are a symbol of our moral imperfection.

In "Mental Prisons" Martinus writes about cosmic freedom and how this is limited by our lack of ability to see that "everything is very good" and our wish to change the behaviour of others. This wish to change others rather than oneself, and our failure to see that people cannot be otherwise than they are at the moment (the next moment is another matter) is one of the guardians of the threshold limiting our possibility for experiencing happiness, freedom and conscious union with life.

But this is an area which is to some extent under our control. We can consciously work on criticising people less, on forgiving more, and on giving rather than taking. Our search for happiness will inevitably lead us to the only solution - the raising of our moral standard to total unconditional love. Then we will fly over all thresholds on wings of freedom.


# Mental Prisons 

## Part 2

## by Martinus

## Chapter 9

The terrestrial human being lives by a mixed morality

But why do terrestrial human beings then live in such great unhappiness, war and suffering as they do? Why do they not unhestitatingly choose the way of living which unfailingly gives them a happy experience of life? Since this choice is exclusively a question of knowledge, the individual cannot
choose the correct way of living as long as he does not know which of these two ways of living is the right one and leads to happiness. Since the "animal" way of living is the oldest and lives in the being as habitual consciousness while the real "human" way of living is something relatively new, something which is still only to an insignificant extent ingrained in the being as habitual consciousness, it is reasonable that this new way of living in reality is only tentatively used, stimulated by the churches, the precepts and the
ideals of the humane world religions. The new or perfect "human" way of living is thus something which has to be acquired, something which is in embryo. The terrestrial human being is a student of this new way of living while he on the other hand is an experienced master of the use of the "animal" way of living.

That, under these circumstances, there can be no peace in the world is a matter of course. The real "lasting peace" for which the terrestrial human being hungers can of course not be a perfect reality as long as those beings who create it are still only new apprentices in the development of that way of living on which it is exclusively based. It is temporarily quite natural therefore that terrestrial people therefore to a corresponding degree are still ruled by prejudice based on the "animal" mentality, such as ideals glorifying war, "holy wrath" and "righteous indignation" or to a great extent only think in terms of a moral principle which is merely a mixture of selfish Viking and business ideals labelled "Christianity" or any other uf the great world religions. Modern civilisation or world culture today is thus only a refined manifestation of this mixed morality based on technology and science and authorised by judicial laws from the same mental level.

## Chapter 10

## Why the terrestrial human being is unhappy

In the middle of this chaos the following has for hundreds of years sounded from thousands of pulpits: "Thou shalt love thy neighbour as
thyself", "Turn the right cheek when thou art smitten on the left", "Revenge not, I will repay, said the Lord Zabaoth", "What a person sows, so shall he reap" just as "He who takes by the sword shall perish by the sword". As one can see, these are doctrines for the development of the purely "human" way of living. They cannot in any direction whatsoever be cited in support of the "animal" way of living, indeed, not even "holy wrath" or "righteous indignation". And since the exercise of the "animal" way of living or that way of living which does not respect the above-mentioned precepts has again and again led only to war, mutilation, torture, ruin, debasement, oppression, godlessness and depression, it becomes more and more a fact that happiness for the terrestrial human being is no longer to be found in the animal way of living. But when it is not to be found in the animal way of living it can be found only in its antithesis: the human way of living. And what then is more natural than that the terrestrial human who is a being having acquired a human body or organism has to have a human mentality too? This is thus the intention of Nature and thereby the will of God for the terrestrial human being. That the advanced, developed human being in his innermost self begins to understand this becomes thus a fact through the circumstance that he suffers pangs of conscience every time he acts in accordance with the traditions of the animal kingdom and breaks the laws of neighbourly love. The "good" he wants to do, he does not do, but the "evil" he does not want to do he does. Is it not precisely this circumstance that is the root of
all the unhappiness of terrestrial Man? And do not these words truly express every pang of conscience of the intellectual or advanced, developed terrestrial human being?

## Chapter 11

## Mental prisons

Every time the terrestrial human being does not do the good he wants to do but, on the contrary, does the evil he does not want to do, he demonstrates that he is not a free being who can do what he wants. But if he is not a free being he can only be an "imprisoned" being. He is imprisoned in that which prevents him from doing the good that he wants to do. And this prison will absolutely always consist of some "animal" tradition which he has not yet overcome and to which he therefore succumbs. The animal traditions, habits or tendencies are thus mental prisons within which the individual inflicts upon himself greater or less physical torture or mutilation all according to the greater or less degree to which he succumbs to these animal habits or tendencies. That this is not a matter of only some few individuals but that it is, on the contrary, all terrestrial mankind that is still to a great extent imprisoned in the animal way of living is demonstrated by the great world wars, the political and religious wars and the great rush for profit in the name of "business" which has for so long tortured all terrestrial Man. It is not so surprising that more and more terrestrial human beings are beginning to see and understand that the Christian teachings or the biblical doctrines about
neighbourly love they learned as children are not merely for the simple-minded or naive but also, to the very highest degree, have a message for all the people of the earth; indeed, are, so to speak, the absolutely "only thing needful" if the fate of terrestrial mankind as well as that of the individual should really be turned into the possibility for the creation of a true "human" mentality in the physical "human" organism which the terrestrial human being already possesses. In truth, does one not think that the appropriation of the science of neighbourly love is rather more necessary and effective than...the atom bomb in the creation of world peace? Does one believe that this bomb or any other so-called secret weapons or machines of death and destruction can remove the animal mentality from the "human" physical body, the organism of the terrestrial human being?

## Chapter 12

## The terrestrial human being prefers taking to giving

Does one not believe that victory won with the atom bomb or other machines for murder or mutilation to an even greater degree gives its source such agonizing pangs of conscience as to make it cry out to the heavens, "The good I would, I do not but the evil I would not, that I do"? But can that benefit those one has mutilated or killed? Can one with this cry give back the parentless children their parents and the parents their children who one has murdered perhaps through higher death-technology? And can one get peace of mind, be free of the pangs of conscience by means of
even more death-technology? Does one believe that suicide is the meaning of life or the road to happiness? Is not the suicide the most pitiable and submissive being in the world? Can a being make a greater attempt at shrinking from his responsibility and overburdening others with it? Not even the animals attempt so to evade their responsibility and fate. Does one believe that this is the kind of mentality intended for the beautiful, upright "human" physical organism terrestrial mankind has acquired, and through which his eyes can be permanently turned towards the stars, the sun and the Godhead? No, the terrestrial human being is tied and bound by his own "animal" ideas based on his selfish, egotistic desires. These desires and ideas create his true picture of life, his world-view. In this life- or world-picture he himself constitutes in reality the principal character. And as such he places rather extensive demands on the beings around him, demands which as a rule bear no reasonable relation to what he himself thinks he should give these beings. He thus demands more from the beings around him than he himself wants to grant them in return. He will thus "rather take than give". And where this desire or wish is not fulfilled he feels wronged by life and those around him.

## Chapter 13

## The meaning of life

Since the law of life, the conditions for the experience of the perfect life or true happiness, :an be manifested or promoted merely through "giving rather than
taking", it is a foregone conclusion that a being who "takes rather than gives" and who practises this as a way of life cannot reach true happiness or the absolutely perfect form of the experience of life. He will meet obstacles to the satisfaction of his desire and in them see "injustice". In many situations he is thus forced "to give rather than take". "Render unto Caesar what is Caesar's, and unto God must what is God's." means that the eternal principle of life or the law of life "rather to give than to take" must sooner or later be observed. No one therefore can evade this law. Everything one has taken in a selfish way from one's neighbours must sooner or later be paid back. If this does not happen voluntarily life itself will bring it about by force. And it is this manifestation on the part of life towards the ignorant egoist which is viewed as "injustice". This, life's own claiming back from the individual the many possessions, mental as well as physical, appropriated in an egotistic way occurs in a corresponding degree as a mental or physical failure or breakdown. Mishaps occur here and there. Apparently nothing is sacred. And in many situations the results reached do not seem to be commensurate with the struggles or difficulties they have cost. That such a being is in a cosmic prison and not in cosmic freedom is here self-evident. That this prison can be of a rather gruesome character and can seem insurmountable is demonstrated by the fact that many such unhappy people resort to suicide and believe that by this means they have helped themselves into a total annihilation of life, an annihilation which they think is
infinitely preferable to this apparently hopeless existence.
Further down in the darkness, more tied and bound and thereby removed from his original divine, sovereign state, a living being cannot come. Is it not clear to the thinking human being that such a fate cannot be the true meaning of life? Is it not evident that we are here confronted with a fate that has failed? And such fates are exceptions. The usual case is that even if the fates are not perfect or entirely happy, they are nevertheless on a higher plane than those mentioned above, just as there are also fates which are almost totally perfect and whose source already appears as totally free or cosmically sovereign. It is a matter of course that it must be this latter kind of fate or experience of life which must be the meaning of life and not that which chains the individual to cosmic slavery or bondage.

## Chapter 14

## Cosmic freedom

What difference is there then between the cosmically imprisoned and the cosmically free being's attitude to life? The cosmically imprisoned being wants life to in conform to his desires and therefore is disappointed: life does not adjust itself to the individual; it is the individual who must adjust to life. The cosmically free being desires or wishes to conform to life and bases his own life on this wish and with this reaches the very highest joy, happiness or bliss in his daily existence. He feels free of all restraining and constricting shackles. His entire organic and
mental structure is adjusted only to promote the manifestation of the principle of giving rather than taking. And here he is not disappointed. There is always use for the display of this manifestation, just as there is an infinite number who need sympathy or love. The cosmically free human is so advanced in evolution that he has this divine characteristic: not to expect the world or beings to be otherwise than precisely what they are. It is this noble cosmic characteristic which totally frees the initiated being from disappointment. If he meets a being who is sympathetic he is happy about it; and if he meets a being who is unsympathetic, indeed perhaps even annoying, he understands such a being. He knows that it is his nature, the particular form of manifestation of his step in evolution. That this is primitive cannot be blamed on the being. He cannot possibly manifest a state or behaviour which belongs to a step in evolution which he has not yet reached. The initiated or intellectually free being is satisfied with this and does not therefore expect any other form of manifestation at all than precisely what is appropriate to that being's step in evolution. And it is precisely the same understanding or knowledge that Christ on the cross expressed in saying: "Father, forgive them, for they know not what they do". He saw that the behaviour of his executioners belonged to the nature of their step in evolution in the same way as the behaviour of the tiger is in accordance with its nature. He knew it would have been just as foolish to be angry with them because they followed the nature of their step as it would have been to get angry with the
tiger because it followed its nature.

## Chapter 15 <br> What the initiate knows

The initiated being knows that one cannot by means of anger violence or force change the nature of other beings, move them from one step in evolution to another, but that this transplantation of a being from one step to another is brought about by life itself through a more or less long epoch of evolution. That one can by force compel a being for a short while to follow one's will in one field or another is not the same as raising the being in question to a higher step. For complying with compulsion is only "trained". It is a manoeuvre which am animal carries out in order to be free of the trainer's whip. But the trained animal has absolutely no opinion or idea about why the manoeuvre should be precisely this way and not that and therefore cannot have become more highly developed by it. If a human being is attacked by a tiger, it is not the fault of the tiger, for this attack is only the vitally necessary nature of the tiger, but on the contrary the fault of the human being who was already aware of how risky it was to travel in terrain he knew to be the domain of the tiger. If a highly developed or initiated being is attacked or disturbed by a primitive human being, the responsibility for this lies in reality not at all with the primitive but on the contrary with the developed or initiated being. He already knew what risk there was in travelling in the domain of the primitive being and could have protected himself. If an en-
lightened or civilised missionary went into the primordial forest to convert cannibals and was eaten by these beings, the responsibility for this lay not with the cannibals but exclusively with the missionary himself. The cannibals lived in their own territory and inevitably followed the behaviour natural to their step. The missionary one can say also followed his nature. But when this happened to him it was because it was he, not the cannibals, who had left the particular terrain subdued to suit his nature or step in evolution and had gone into a terrain which was the manifestation-area of the step of the other beings. That he could not there avoid, to a greater or lesser extent, being subjected to the contrary way of manifesting of the controllers of that terrain is just as natural as it is natural that he, to a greater or lesser extent, would be mutilated if he took it into his head to jump from a fourth floor to a concrete or granite pavement. This mutilation of his body does not make the pavement unnatural or reprehensible but, on the contrary, the behaviour whereby the "I" brought his body into that situation in which it must inevitably be more or less mutilated or crushed - that was reprehensible.

If the I by this behaviour has been able to create something so extremely good that it has been able to compensate for the destruction of the body, as was the case with the fate, the crucifixion of Jesus, this is another matter. But it does not justify anger or revenge against the "primitive" beings within whose terrain the event took place and for whom the same event could be regarded as an
undermining of the traditions which for them were the only things holy or absolute.

## Chapter 16

## The innermost essence of the law of retribution

We have here reached the innermost essence of the law of karma or retribution. We are in an area where almost all uninitiated or unintellectual people judge wrongly and thereby sabotage their own spiritual freedom or clip their will and make their fate a mental prison in which they want everything and everyone encapsulated. Their relationship to their neighbour or their surroundings is thus in reality, without their being conscious of it, the same as that between a prison guard and his prisoner. Indeed, in the very worst cases, it becomes precisely this relationship. The prisoners here in this cosmic or mental prison to a very great extent want to break out. "Imprisoned" here is the consciousness or thought-world of the individual. . In this thought-world the individual has a whole series of compartments or terrains, in which he has placed everything and everyone, all according to his sympathy and antipathy. And the source of this sympathy or antipathy will thus be the basis for the individual's relationship to his neighbour and his surroundings. It will determine which judgement, which prison cell, which favourising or lack of peace this being will have within his thought-world or area of consciousness.

So what greatly inconveniences the ordinary terrestrial human
being is that he starts by desiring something or making demands on all beings and things with which he comes into contact. He has as a rule created his own image of how beings and things should appear. If what he meets or comes into contact with does not correspond to this image, the being in question becomes more or less disappointed. And this disappointment can in turn lead to annoyance, which in turn leads to indignation or anger and thereby to persecution of or war against the beings or things concerned. And it is this persecution or war which ultimately sabotages his own happiness, his joy in living. So the misfortune of such a being consists of all those prejudices against beings and things which he has gradually let build up his consciousness. And the more such prejudiced or fossilized preconceptions about beings and things a being has, the more unpleasing these beings, which in turn means his surroundings and so his neighbours, come to appear to him. And towards these neighbours he will be filled with a highly unloving and persecuting criticism which in turn becomes slander or gossip about the neighbours concerned. It was this "criticism" the world-redeemer warned against with his commandment: "Judge not that ye be not judged! For with what judgement ye judge shalt thou be judged, and with what measure you measure shall ye be measured in turn". And surely it is in harmony with this that he said: "...when you are smitten on the right cheer then turn to him the other".

## Chapter 17

What is revealed by the human being's need to judge others

Where then is the danger in "judging" or in persecuting others with evil criticism? The danger in annoying one's neighbour with vindictive judgement and criticism lies exclusively in that this neighbour is exactly as he should be at the given moment and can only be, namely a representative of his step in evolution. For who can be otherwise? Must not the worldredeemer himself, the master or the high-intellectual being be that? Does one not believe that it is just as impossible for a "bandit" to be a "Christ" as it is impossible for a "Christ" to be a "bandit"? Why then insist that a "bandit" shall more or less be a "Christ"? Is this not precisely the essence of every persecuting or evil terrestrial human criticism of one's neighbour? Is this criticism not precisely a reference to the fact that the neighbour in question does not fulfil the ideals which the critic thinks he should fulfil? But since the neighbour at the time in question cannot possibly represent anything other than his own step in evolution in precisely the same way as the tiger at the time in question must manifest his step in evolution and the lamb his, it is not the "neighbour" there is something wrong with but, on the contrary, to the highest degree, the critic. The more evil and brutal his criticism or judgement of his neighbour is, the more he has revealed his own ignorance and imperfection. He has judged, not his neighbour, but himself.

And it is thus his belief that the neighbour or the surroundings are wrong, and ought to be otherwise, that locks him out from the true view of his neighbour and his
surroundings. This, his belief or superstition, has become the prison of his life or his consciousness. He does not understand that he is thus mentally in a prison and therefore does not understand that what he sees from this prison and his ensuing criticism and behaviour towards his neighbour are against Nature and bring him into permanent conflict with the very law of life or the law of neighbourly love. He will all the time be more or less taken up with waging war on his neighbour and his surroundings. He desires or insists that they should be as he, from his consciousness or thought-world, thinks right. He is in principle taken up with insisting that the tiger should be as gentle as a lamb and the bandit as perfect as a Christ. In the mental prison in the form of ignorance and superstition in which he finds himself he cannot see that the animal living beings actually constitute a carpet of flowers in a meadow, flowers which have evolved to a higher form. The meadow is daily life. Just as the flowers in the meadow display very various colours and species, terrestrial human beings also display very various mental colours and species. Just as it would be foolish to curse a flower for having a particular colour and belonging to a particular species, it would be equally foolish to curse or condemn a terrestrial human being because it has this or that mental colour and belongs to this or that species. Just as the flower cannot help belonging to a particular species or having a particular colour, the terrestrial human being equally cannot help having this or that mental colour or character. Punishing and condemning a terrestrial human being because he is not
an angel or a moral genius would be the same as punishing a dog because it is a dog and not another being. It would be the same as punishing an "animal" because it is not a "human being". Such behaviour can be manifested only by a being who, in his ignorance, rushes in where angels fear to tread.

## Chapter 18

## What the terrestrial human being knows and does not know

The terrestrial human being, when it is a matter of the plant kingdom, knows perfectly well that it is no use getting angry with a thistle because it is not a rose: but nevertheless, when it is comes to his fellow beings and surroundings, he insists that everything and everyone should be roses and lilies. He does not understand that these beings and surroundings are only the plant kingdom or the world of flowers in a form further advanced in evolution, and that here, in this form where the plants appear in the animal state, in flesh and blood, there must appear a profusion of colours and structures just as inevitably as in the vegetable forms of the plant kingdom. It is true that colour and structure in the animal "plants" (animals and terrestrial human beings) are more of an internal sort than in the vegetable plants. which have their entire colouring in external, physical colours. Iil the animal "plants" evolution has long since transformed the external, physical colours into internal, more or less physically invisible colouring. This invisible colouring is what we call the thought-world of the being and the psyche or the sn-called "character"
or "morality" manifesting itself through this being. So what is today morality in the animal being is the same as what in the vegetable beings or the plants is external, physical colours or colouring. But even if these external colours of the plant have become something psychical, something mental, and therefore not directly visible in the animal being, one must not therefore infer that they have become standardized, determining that the psyche or morality of the animal beings should be exactly identical like soldiers in ranks or figures cast in the same form. The animal beings show exactly the same profusion of variation in psyche or morality as that which the plants or the vegetable beings display in their external colour and structure. And just as the colours and structure of the plants are natural and a matter of course for every individual species, so also are the mental colour and structure, in the form of morality, of every individual species natural and a matter of course. But it is here that the uninitiated terrestrial human being comes into conflict with life. While he can perfectly well see the external colours and structures of the plants and finds these natural and a matter of course, he cannot, however, always see that the particular mental structure or morality of his fellow-beings, which are the colour and structure of the plant on a higher plane, are just as natural and equally a matter of course. It is here very difficult, if not completely impossible, for such a being to see that a morality or view of life which differs from his own should be jus as natural and just as much a matfor of course as his is. He does
not yet understand that the beings, even if they have the same physical exterior, must nevertheless psychically and mentally still be "roses" and "thistles", "lilies" and "dandelions", and so on. He believes that because his fellowbeings have the same kind of physical body as himself they should also have the same kind of character or mentality as that by which he himself lives or is dominated. And it is here that he insists that the "1ion" should be as gentle as a "lamb", indeed altogether insists that all other terrestrial human beings should be like himself. He thinks that one's view of life and one's morality are exclusively acts of will. He does not understand that it is only the morality of our own step which we can fulfil by virtue of our will, while it would be totally impossible for us to fulfil a morality which belongs to a step above our own on the ladder of evolution. In order to fulfil the morality of this step, evolution is necessary.

## Chapter 19

## As long as the individual hates and persecutes

So it is absolutely useless to want to fulfil the morality of a higher step if we have not undergone precisely that evolution which is necessary to make us identical with the beings on that higher step. No being can by an effort of will suddenly, miraculously raise himself to a higher step in evolution. The lion, the tiger or, in other words, the animal does not become a human being simply by an act of will. This transformation or change is not an act of will but a question of evolution. And in the same way,
the transition from one view of life or morality to another is not an act of will but a question of evolution. One thus understands that it would be foolish and glaringly against all justice to insist that one's fellow-beings absolutely must manifest the same morality or view of life as oneself. It is this foolishness which is the greatest undermining factor in the fate of the uninitiated terrestrial human being. Since he is still, in principle, a plant among a profusion of plantspecies in a meadow, he cannot possibly be happy as long as he lives in the illusion that all the other plants or fellow-beings should have exactly the same colour or mentality as himself. He will never be able to get this desire fulfilled. Disappointment, feelings of martyrdom and depression will fill his soul, since the flowers of the field do not change colour or allow themselves to be standardized because a single little flower in its foolishness wishes it. And this little flower, which is called "the terrestrial human being", must therefore as quickly as possible learn to understand that it is not a matter of getting all his fellow beings, the profusion of colours and beauty of the flower-meadow, standardized according to his foolishness, lack of wisdom or illusion, but that the absolutely only thing needful is on the contrary to eliminate as quickly as possible this illusion or foolishness by trying to come to an understanding of the fact that the profusion of colour-orgies of the flower-meadow, whether in the form of fellow-beings or in the form of plants, exists exclusively in order to be divine instructions to the individual and not in order
that the individual through this should instruct the Godhead. As long as the individual hates and persecutes everything which does not appear in his own image or his own favour he is taking part in destroying and wiping out everything which creates "God's image" in life.

## Chapter 20

## The only way out of the mental prisons of life

Since the highest or the most perfect form of happiness is to see inl everything and everyone (which means everything which is accessible to sense perception) only "God's image", it is obvious that one is obliged to live unhappily when one, even if unconsciously, takes part in sabotaging this "image of God". When one is unhappy one is shut out from the real life which is exclusively the very highest happiness; and where one is shut out from the real life or the true happiness one is mentally imprisoned. And as the confinement in this mental prison is maintained exclusively through one's desire to standardize the world and insist that everything and everyone should be otherwise than they are precisely at the moment, one cannot possibly be happy. In this insistence one is in total conflict with the Godhead. One wants the world in "one's own image". But the world can only be in "God's image". Life and the world will. therefore be a mental imprisonment and misfortune with the ensuing physical suffering or unhappy fate mintil one understands that it is not "Gorl's image" which should be turned into one's inage but, on the contrary, this image which should
be transformed to heing in "God's image". The key to coming out of the dark, mental imprisonment of superstition and illusion lies exc. lusively in coming to understand that "everything is very good" and that our fellow-beings cannot possibly manifest anything other than what is characteristic of their step in evolution, and that this manifestation consequently camot possibly be a justifiable basis for intolerance, hatred or persecution of the being in question. And in the full understanding of this, on will, in harmony with the worldredeemer, "turn the right cheek when one is smitten on the left" and cry to heaven: "Father, forgive them, for they know not what they do".

Original Danish title: Mentale fængsler (from book no. 22)

Edited by Martinus from a lecture he gave in 1946.

Translated bu Marv McGovern 1089

## Martinus in USA

## by Søren Hahn

Mary McGovern and Lars Göransson have been on the road (or rather, in the air) again. This time their travels took them to the Edgar Cayce Foundation's Spring Conference held in Virginia Beach, USA in March 1989. Here Mary and Lars had the opportunity to show symbols and give an overview of Martinus' world-picture.

Members of the audience gasped in admiration when they saw the symbols, the lecturers told on their return home, and people queued to talk to us after the lectures.

The book1et "Martinus Cosmology - and introduction" was much in demand and the directors arranged a discussion with us. We also had many opportunities to talk to a lot of people and answer questions in the pauses between the other lectures.


The Edgar Cayce Foundation

We got an overview of the spiritual situation in USA and made valuable contacts who are ready to help with the publication and distribution of Martinus' books in USA, and with arranging lectures and courses, Mary and Lars said in conclusion.

## BOOK NEWS

"Les Portes de la Mort (Through the gates of death)" by Martinus is now available in FRENCH from the Martinus Insitute. 22 pages, Dkr 22,- plus postage.

## MARTINUS COSMOLOGY

Martinus Cosmology provides an all-embracing world-picture logically describing and analysing the spiritual laws of life. In his works Martinus describes a concept of life which can be summarized as follows:
All living beings have eternal life. Man has reached his present stage through evolution through the mineral, plant and animal kingdoms, and is at present a sphinx being, part animal and part real human being.
The temporary goal for our evolution is the establishment of a real human kingdom, a union
of all nations in one global state capable of guaranteeing every living being on earth peace, justice and a completely happy life.

Through reincarnation and evolution Man gradually develops new faculties which change his way of thinking and acting. The law of karma, "what you sow you must also reapu, guarantees that he gradually becomes perfect, a moral genius capable of differing between good and evil. The human being of today will thus finally appear as a real human being - "Man in God's image after His likenesu.

## LITERATURE

Martinus (1890-1981) was a Danish writer. His entire output is known collectively as "The Third Testament", and comprises "Livets Bog" (The Book of Life) in 7 volumes, "The Eternal WorldPicture" in 3 volumes (symbols with explanations) and about 30 shorter books.

THE MARTINUS INSTITUTE in Copenhagen was established in 1956 in order to make Martinus' literature available.

MARTINUS COSMOLOGY is not the basis for any kind of sect or association.

At present the following books are available in English:
The Eternal World-Picture Vol. 1
Logic
The Ideal Food
The Road to Initiation
The Mystery of Prayer

KOSMOS is published in Danish, Swedish, English, German and Dutch editions. The Danish and Swedish editions share the same content while the other editions each have their own content.

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## THE SYMBOL

The symbol on the front cover which is called "The perfect man in God's image after His likeness" shows the perfect way of behaving or what it means "to turn the left cheek when one is smitten on the right".

At the bottom of the symbol we see the course of evolution through many lives from animal (orange) to the perfect man (yellow). The rectangular areas symbolize our physical earthly lives from birth to death.
The smaller pale yellow areas between these show that we find ourselves in spiritual worlds between our physical earthly lives. After each stay in these worlds a new earthly life begins based upon the qualities and talents we have developed through previous physical lives. The orange and yellow arcs show that our fate is a result of our own actions from previous lives as well as our present life. The large orange arc which stretches from the left side to the middle symbolizes an unpleasant or so-called "evil" action which is sent out towards someone. This is answered by friendliness and understanding symbolized by the heart and the. yellow arc. The symbol therefore shows the perfect man's total initiation in fate and the mystery of life, his understanding of eternal life, evolution and the law of fate: "as thou sowest, so shalt thou reap". Through this eternal law we will all learn to differentiate between what is evil and what is good. We will become perfect; we will become "the perfect man in God's image after His likeness".


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